



2024 AAU FOR BOYS, GIRLS & TEAMS

The BEST value in basketball!

BOYS & GIRLS 4th-7th GADE:

\$325 (6 shootouts all in UE) or \$350 (6 shootouts & 1 regional tourney)

NO SPECTATOR ADMISSION FEE FOR OUR PARENTS ONLY AT ALL SHOOTOUT SERIES EVENTS!

Fee includes events, insurance, jersey, practices, access to FREE workouts ALL YEAR
Practices: Saturday or Sunday (3/2-3/3 and 3/9-3/10) and one weekday each week from 3/5-4/11
Shootouts: Sat, & Sun, 3/16-17, 3/23-24 (or Oneonta Tourney), 4/6-7, 4/13-14 (or Corning Tourney)

BOYS & GIRLS 8th-11th GADE:

\$350 (6 shootouts in UE) or \$425 (6 shootouts & 2 regional tourneys)

NO SPECTATOR ADMISSION FEE FOR OUR PARENTS ONLY AT ALL SHOOTOUT SERIES EVENTS!

Fee includes events, insurance, jersey, practices, access to FREE workouts ALL YEAR

This group starts later on purpose to allow players time to compete with their school based teams first and to get a small break after their more intense JV/Varsity seasons before going right into AAU.

Practices: Saturday or Sunday (4/6-4/7 and 4/13-4/14) and one weekday each week from 4/9-5/30
Shootouts: Sat, & Sun, 4/20-21 (or Athens), 4/27-28, 5/4-5, 5/18-19 (or Wilkes-Barre) & 6/1-2 Norwich

PRACTICES ONLY OPTON:
(available for all levels)

Can't commit to a playing? Pay base fee of \$200 & attend practices when you can and still get access to year round FREE workouts too!

Have your own team? School based, AAU or club and want to SAVE MONEY? Ask about our A La Carte program that is GUARANTEED to save you money by partnering with us!



**Register using
this QR Code:**



**for more
information email:
tony@interstateathletics.com**

