



SPRING '23 SESSIONS

4-wk sessions

March-April-May-June

Highland Park Gym

Tues-Wed-Thur @ 5pm

3rd-5th, 6th-8th, 9th-11th

K-2 by appointment

Every new attendee gets a free t-shirt!

All prices below are per athlete for 4 one-hour sessions. When registering, a deposit is made then final payment is due the first day when numbers are known.

Individual Training - \$100

2-3 Athletes \$65 Each

4-5 Athletes \$55 Each

6 Athletes \$45 Each

**Coaches USA Bball Gold Certified I
and Background Checked.**

Register at www.interstateathletics.com

**Interstate Athletics is a program
of Southern Tier Basketball**